

~~SECRET~~
EYES ONLY

IDEA 0740
COPY 2 OF 5

4 December 1967

MEMORANDUM FOR: Deputy Director of Special Activities

SUBJECT : Physical Training Program for [REDACTED] Project 25X1X7
Pilots

25X1X7

1. Upon visiting Site "H" on 13 November 1967 it was noted that [REDACTED] pilots are not using gymnasium and are not participating in any physical training program other than playing tennis.

2. Inspection of gym located at their quarters revealed inoperable, beat-up, old bicycle exerciser, some weight-lifting equipment and a generally depressing set up void of any modern equipment.

3. Necessity of better conditioning of pilots in future with prospect of extended flights, higher altitudes, etc. discussed with [REDACTED] and Flight Surgeon, [REDACTED] is anxious for program. [REDACTED] is not familiar with such a program. Both recognize need for equipment and help in getting program started. Later visit and discussion with [REDACTED] confirmed his wishes along this line.

25X1X7
25X1C
25X1C8c

25X1C8c

RECOMMENDATION

25X1X7

1. Base be authorized and encouraged to get some new and modern gym equipment for [REDACTED] Gym.

25X1A9a

2. After re-equipping gym would suggest that physical training expert such as [REDACTED] be assigned to base for 15-30 days to establish program.

25X1A9a

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25X1A9a

Office of Medical Services/OSA

GROUP 1
Excluded from automatic
downgrading and
declassification